

Y R B

#### Coordinated by:

Pike County Hometown Health Improvement and the Arkansas Department of Health Center for Health Statistics

# 1999-2000 Pike County Youth Risk Behavior Survey

Coordinated by:

Pike County Hometown Health Improvement Project

Arkansas Department of Health
Center for Health Statistics

January, 2001

# **Table of Contents**

What is the Youth Risk Behavior Survey?	1
Why did Pike County conduct the YRBS?	1
How was the YRBS conducted?	2
About This Report	2
How Results Can Be Interpreted	3
Sincere Appreciation To:	4
Demographics of survey participants:	5
Summary of 1999-2000 Pike County YRBS Findings	6
Summary of Behaviors Relating to School Property	7
Key Findings	8
■ Vehicle Safety	.11
■ Vehicle Safety – Drinking and Driving	.12
■ Violence-Related Behaviors	.13
■ Violence – Physical Fighting	.15
■ Violence – Sexual Violence	.16
■ Depression and Suicide	.17
■ Tobacco Use - Cigarette Smoking	.20
■ Tobacco Use – Smokeless Tobacco	.23
Tobacco Use - Cigar	.23
Alcohol Use	.24
■ Drug Use	.26
Sexual Activity	.30
Contraception	.32
■ AIDS, HIV, & STDs	.34
Obesity	.35
Nutrition	.39
Physical Activity	.43
■ Violence-Related Behaviors at School	.46
Tobacco Use at School	.47
■ Alcohol Use at School	.48
■ Drug Use at School	.49
1999-2000 Pike County Youth Risk Behavior Survey Questionnaire	.50
nternet Resources for Educators, Parents, and Teens	

# What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During spring, 2000, 736 seventh through twelfth grade students throughout Pike County public schools completed usable YRBS questionnaires. The information provided by those students is presented in this report.

# Why did Pike County conduct the YRBS?

Pike County was selected by the Arkansas Department of Health (ADH) to participate in the Hometown Health Improvement Project (HHIP), a new community health assessment project. The Pike County HHIP Coalition is working to assess the specific health needs of Pike County residents. In order to collect information on the health behaviors of the community's youth, the HHIP requested that the Youth Risk Behavior Survey be administered to the students in the seventh through twelfth grades at Pike County schools.

The YRBS will help Pike County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Pike County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 1999-2000 YRBS also provides Pike County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Pike County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

#### How was the YRBS conducted?

During May, 2000, seventh through twelfth grade students enrolled in Pike County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Pike County schools' students participated in the survey:

- Center Point Public Schools
  - Delight Public Schools
    - Kirby Public Schools
- Murfreesboro Public Schools

# **About This Report**

This report entitled "1999-2000 Pike County Youth Risk Behavior Survey" summarizes the overall answers Pike County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Pike County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

This report summarizes Pike County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

# How Results Can Be Interpreted

Pike County's 1999-2000 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Pike County students in May, 2000. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Other conditions should also be taken into consideration when interpreting survey results. For example, recent media reports of school violence may increase students' perception of danger at school.

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions, meaning that all students surveyed were not represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

### Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Pike County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Pike County students who completed the YRBS questionnaires;
- Pike County TEA Coalition for funding the printing of this report;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project; and
- Tara Clark-Hendrix and the ADH Center for Health Statistics for analyzing the data and preparing the report.

Interested individuals may request additional information. Researchers and professional wanting to build upon Pike County's 1999-2000 YRBS data may request additional data from:

Pike County Hometown Health Improvement Project Irene Chambers, Administrator 16 Caddo Drive Murfreesboro, Arkansas 71958 Ph. (870) 285-3154 michambers@healthyarkansas.com

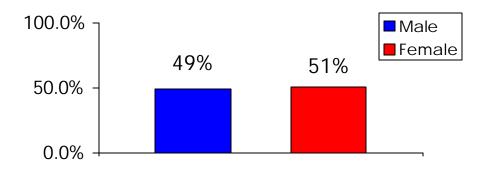
For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

Arkansas Center for Health Statistics
Tara Clark-Hendrix, Lead Programmer Analyst
Ph. (501) 661-2194
tlclark@healthyarkansas.com

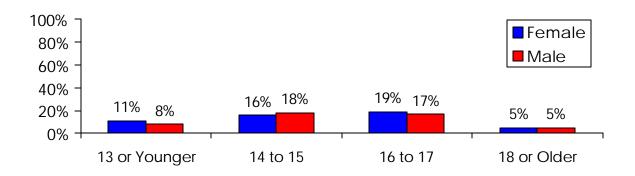
# Demographics of survey participants:

Total number of survey participants = 736

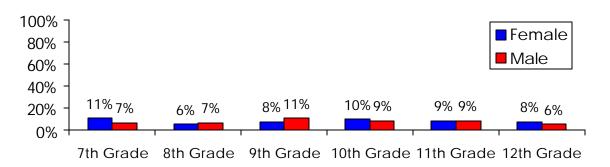
#### Gender



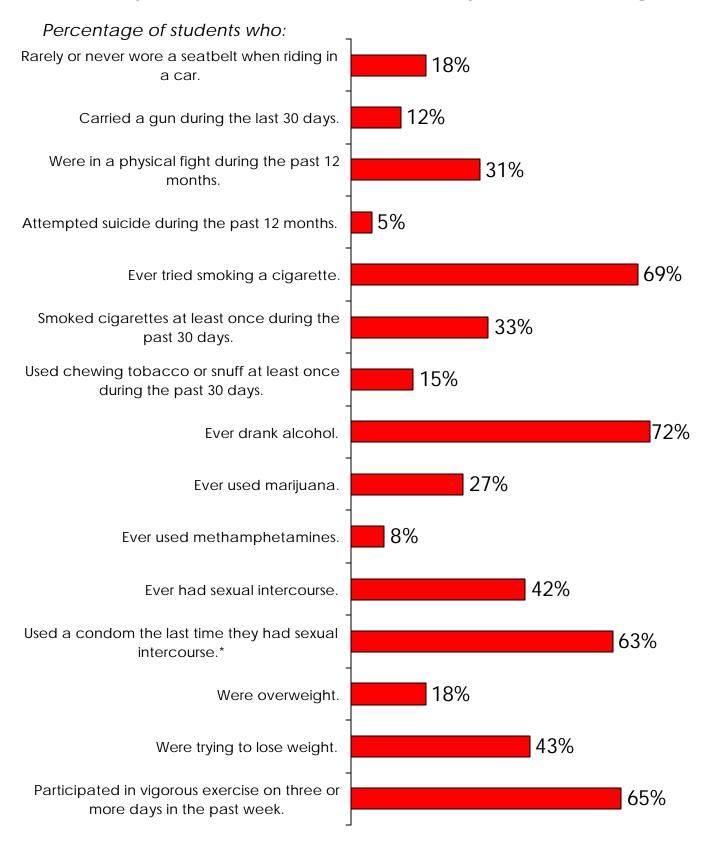
# Age



#### Grade

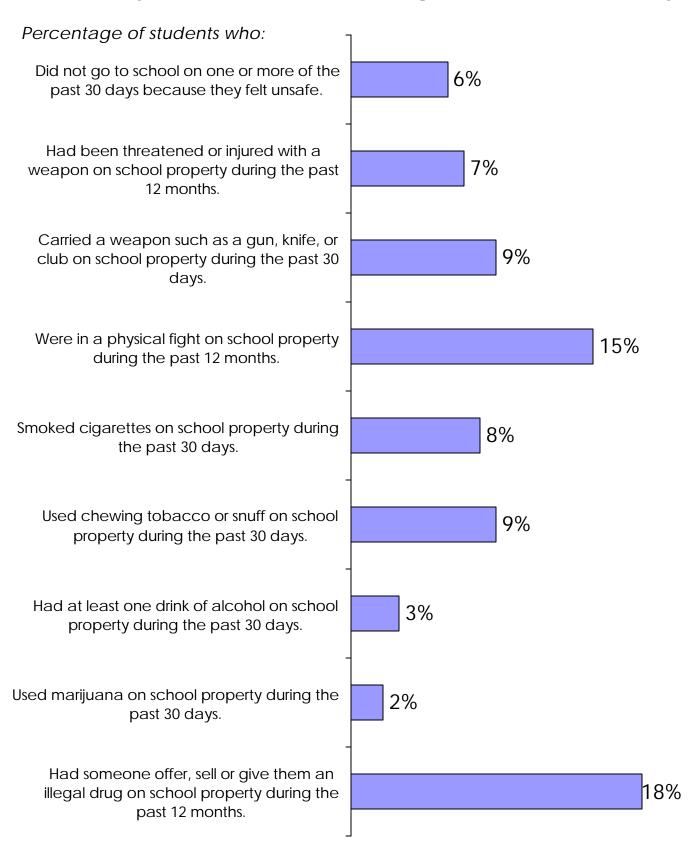


# Summary of 1999-2000 Pike County YRBS Findings



<sup>\*</sup> of those who have had sexual intercourse.

# Summary of Behaviors Relating to School Property



# **Key Findings**

The following summaries highlight Pike County students' responses on the Youth Risk Behavior Survey in key areas and provide an overview of Pike County students' current activities which impact their health.

#### **Behaviors that Result in Injuries**

- Of the students who had ridden a motorcycle during the 12 months prior to the survey, 44% said they rarely or never wore a helmet. Ninety-five percent (95%) of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty-one percent (31%) of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Eleven percent (11%) indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty-five percent (25%) of students carried a weapon such as a gun, knife, or club in the past 30 days, and 9% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 31% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 5% had to be treated for injuries sustained while fighting.
- Ten percent (10%) of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Ten percent (10%) of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

#### **Depression and Suicide**

- Twenty-seven percent (27%) of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months previous to being surveyed, 16% of students had seriously considered attempting suicide, 11% had made a plan about how they would attempt suicide, and 5% actually attempted to commit suicide. Three percent (3%) of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

#### **Tobacco Use**

- Sixty-nine percent (69%) of the students surveyed said they had tried smoking a cigarette. Thirty-three percent (33%) reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 70% said they usually smoked two or more cigarettes on the days they smoked, and 24% said they usually got their own cigarettes by purchasing them at a store. Fifty-two percent (52%) of the student smokers who purchased cigarettes in a store in the month before the survey were not asked to show proof of age when they purchased cigarettes.
- Fifteen percent (15%) of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 9% had used it on school property.
- Twelve percent (12%) of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

#### **Alcohol and Other Drug Use**

- Seventy-two percent (72%) of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 36% had taken their first drink by the age of 13.
- Thirty-nine percent (39%) of the students had taken at least one drink of alcohol in the month before the survey, and 29% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Twenty-seven percent (27%) of the students said they had used marijuana at least once during their lives. Fourteen percent (14%) said they had smoked marijuana at least once during the last month.
- Fourteen percent (14%) said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Four percent (4%) had done so during the past month.
- Eight percent (8%) of the students surveyed had tried methamphetamines,
   2% tried heroin, and 6% had tried cocaine at least once during their lives.
   One percent (1%) had used a needle to inject an illegal drug into their bodies at least once.
- Three percent (3%) of the students surveyed had taken steroid pills or shots without a doctor's prescription.

#### **Sexual Activity**

- Forty-two percent (42%) of the students who completed the survey said they had sexual intercourse. Fifteen percent (15%) of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 19% had used drugs or alcohol before their last sexual encounter, and 63% used a condom the last time they had sex.
- Four percent (4%) of the students surveyed reported that they had ever been or gotten someone pregnant.

#### **Dietary Behaviors**

- Eighteen percent (18%) of the students surveyed were overweight, as measured by Body Mass Index. The Body Mass Index, or BMI, is a ratio of weight to height which allows people of different heights to be compared.
- While only 18% of the students are considered overweight as measured by BMI, 30% of the students perceived themselves as slightly to very overweight, and 43% reported that they were trying to lose weight.
- Thirty-eight percent (38%) of the students ate less during the past 30 days to lose or keep from gaining weight, and 59% exercised, 7% vomited or took laxatives, 11% took diet pills, and 15% went without eating for 24 hours or more to lose weight or keep from gaining weight.

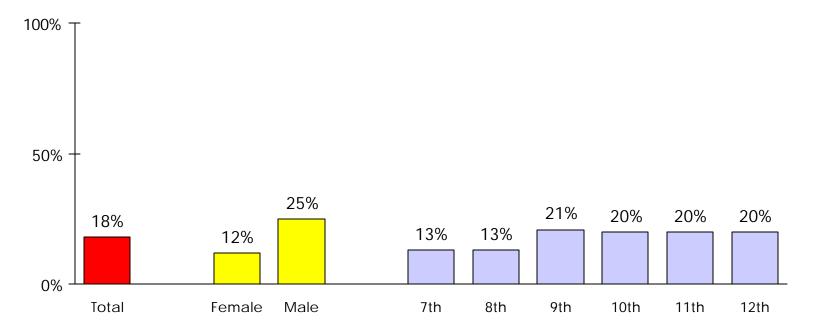
#### **Physical Activity**

- Sixty-five percent (65%) of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Forty-one percent (41%) said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Fifty-six percent (56%) of the students attended a physical education (PE) class at least once during an average school week, and 63% said they had played on one or more sports teams during the past year.
- Forty percent (40%) of the students indicated they had sustained an injury while exercising or being physically active that had to be treated by a doctor or nurse during the past year.

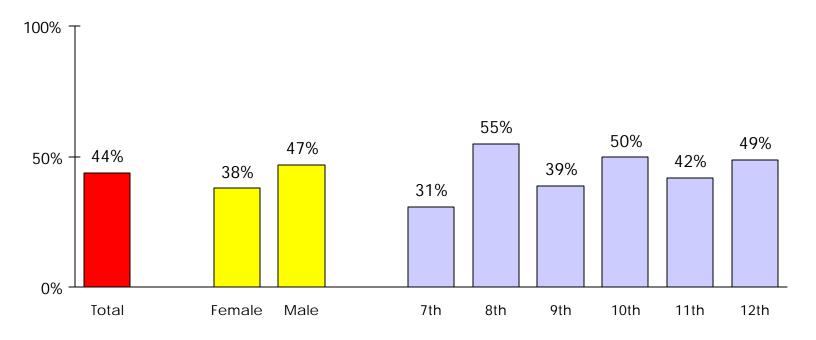
# Vehicle Safety

These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.

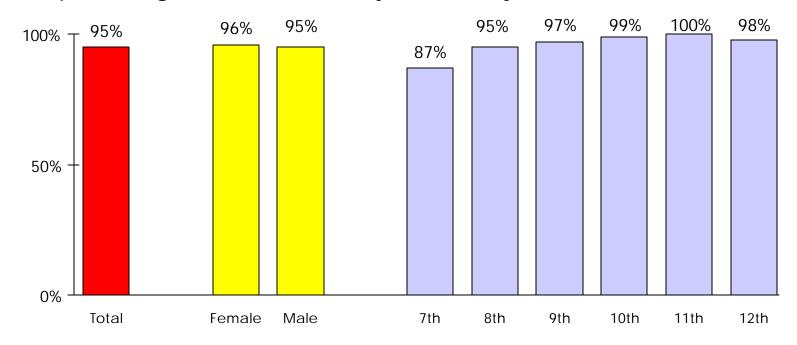
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Of students who rode a motorcycle during the past 12 months, the percentage who never or rarely wore a helmet.



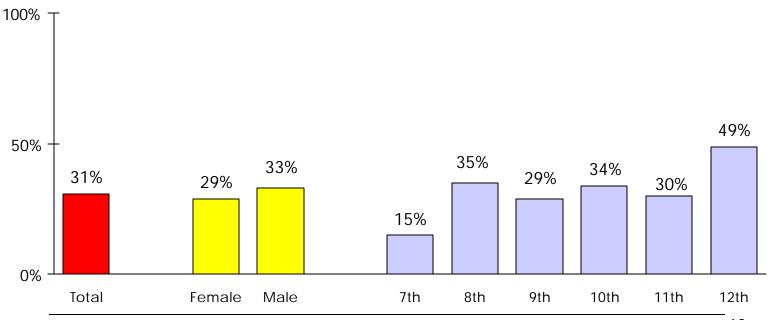
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



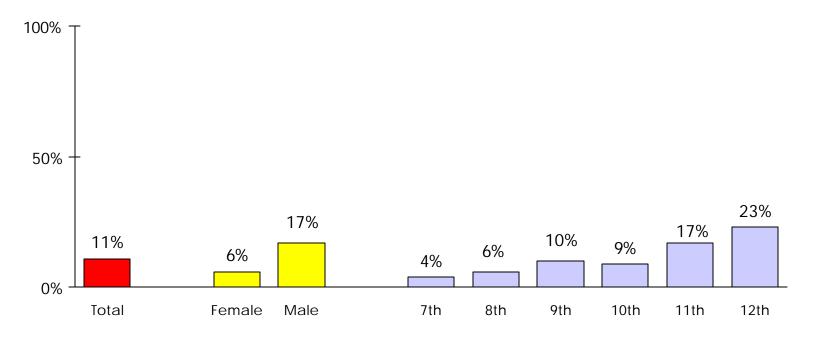
# Vehicle Safety – Drinking and Driving

These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

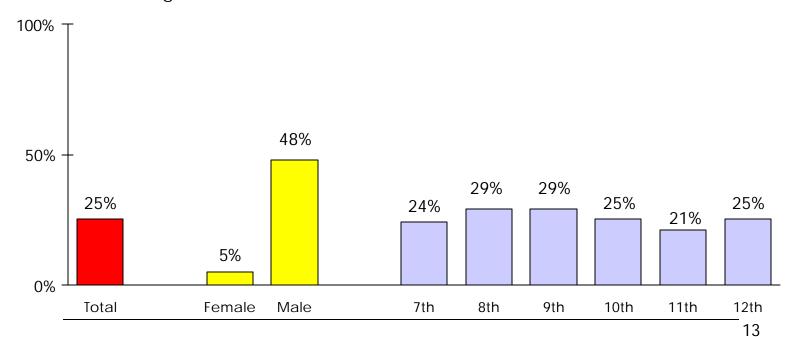


#### Violence-Related Behaviors

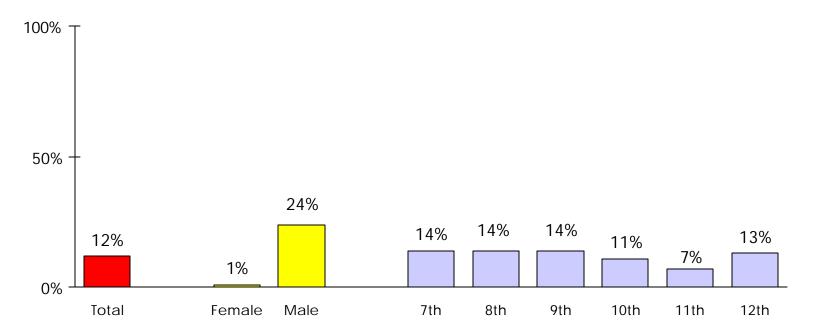
These questions measure violence-related behaviors.

Percentage of students who carried a weapon\* on one or more of the past 30 days.

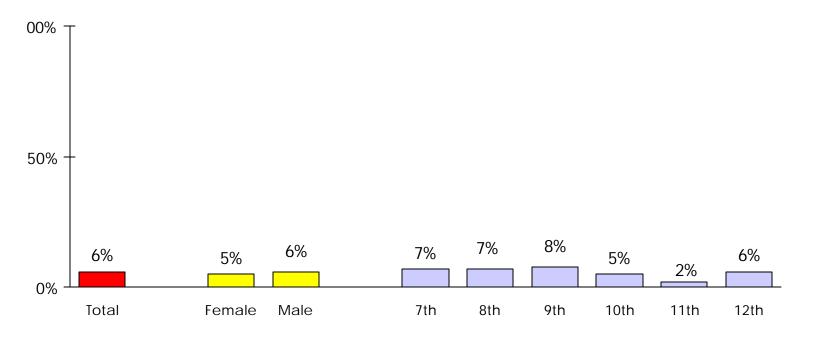
\* such as a gun, knife, or club



Percentage of students who carried a gun on one or more of the past 30 days.



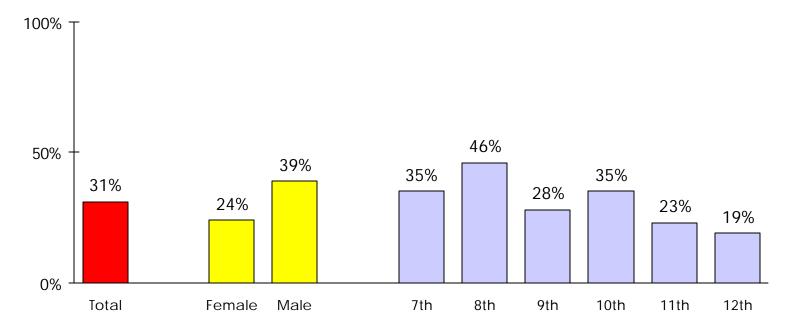
Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.



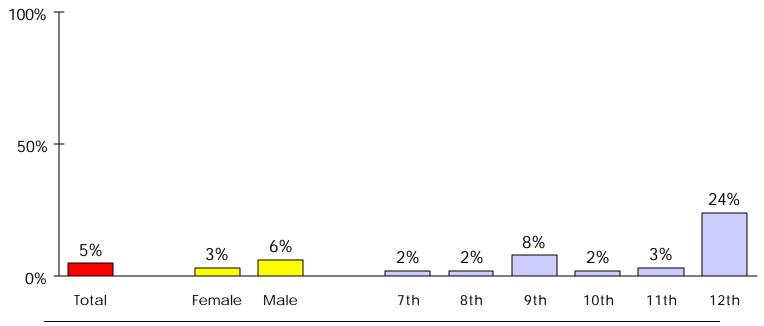
# ■ Violence - Physical Fighting

These questions measure the frequency and severity of physical fights.

Percentage of students who were in a physical fight one or more times during the past 12 months.



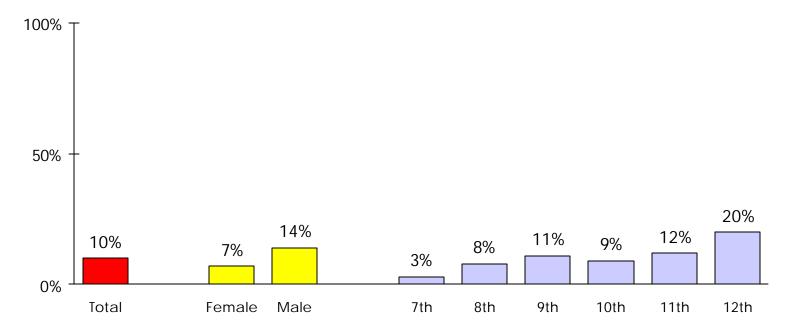
Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.



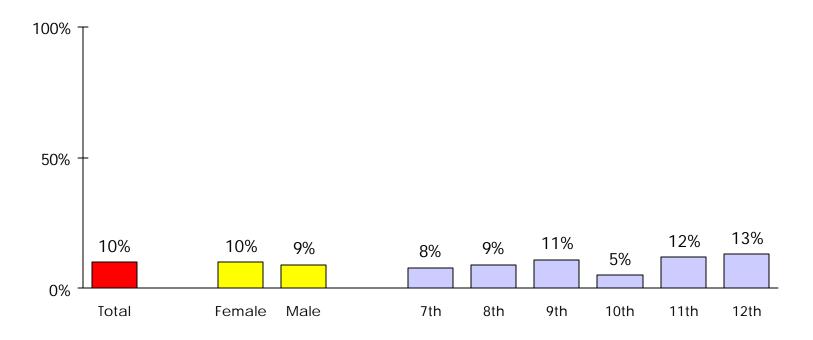
#### ■ Violence - Sexual Violence

These questions measure rape and domestic violence.

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



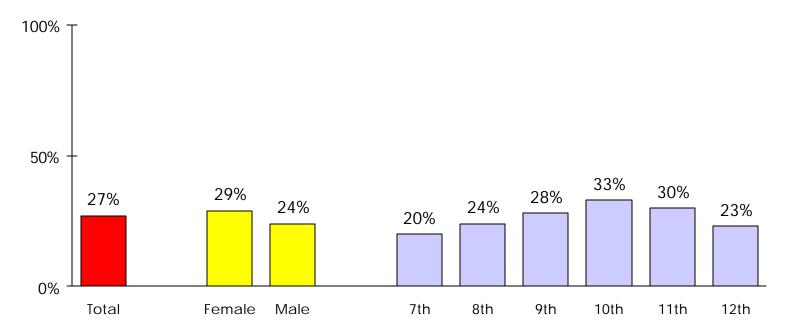
Percentage of students who have ever been forced to have sexual intercourse when they did not want to.



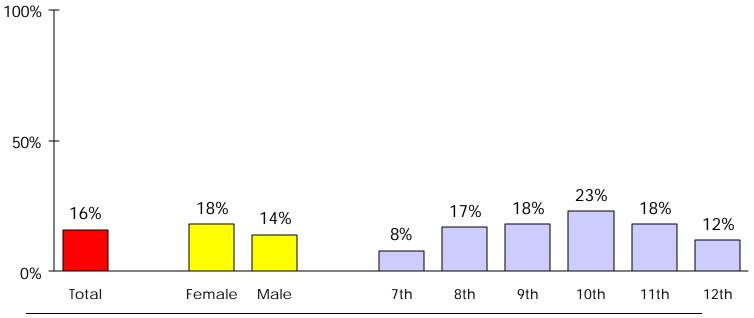
#### Depression and Suicide

These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.

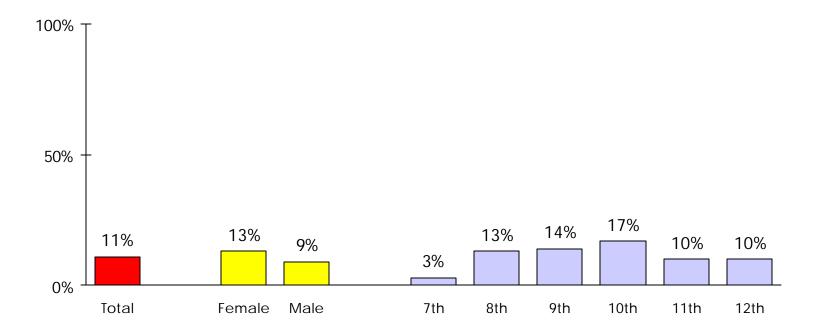
Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.



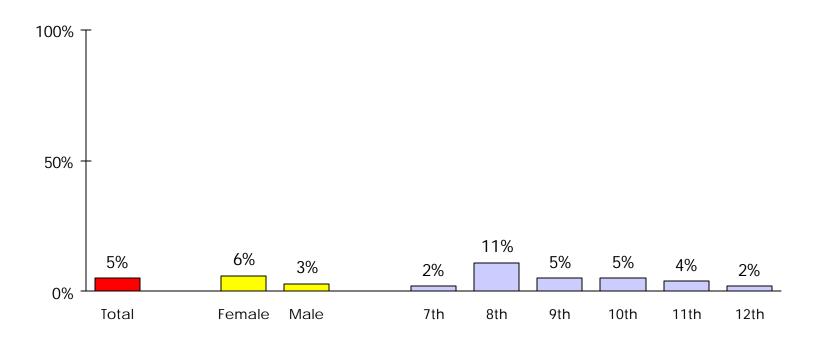
Percentage of students who seriously considered attempting suicide during the past 12 months.



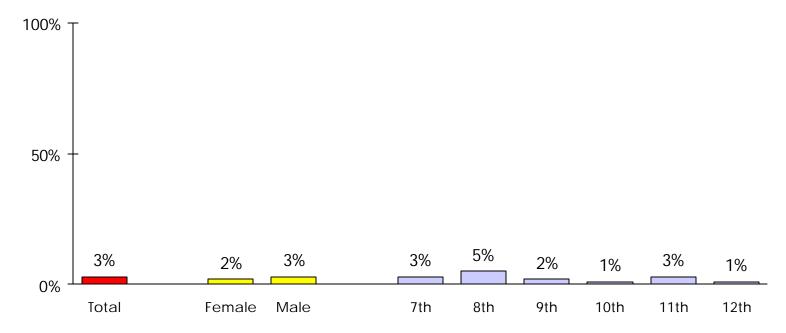
Percentage of students who made a plan about how they would attempt suicide during the past 12 months.



Percentage of students who actually attempted suicide one or more times during the past 12 months.



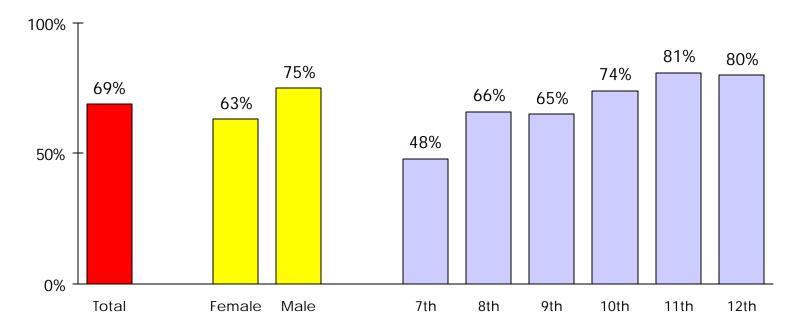
Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.



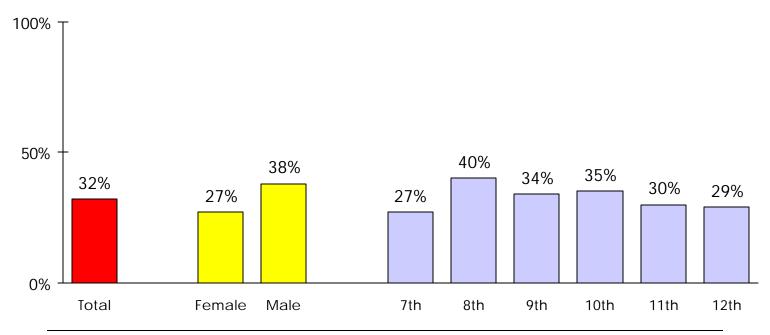
# ■ Tobacco Use - Cigarette Smoking

These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.

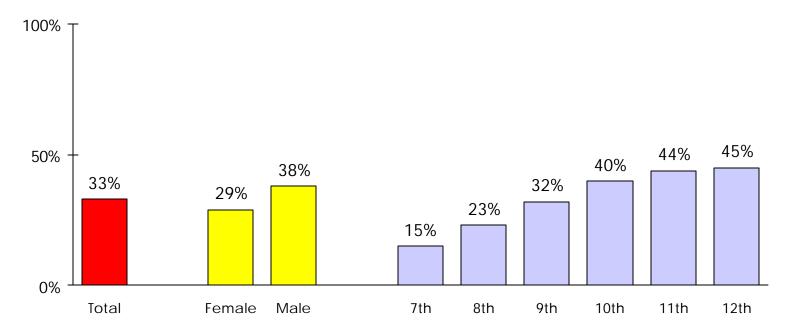
Percentage of students who ever tried cigarette smoking, even one or two puffs.



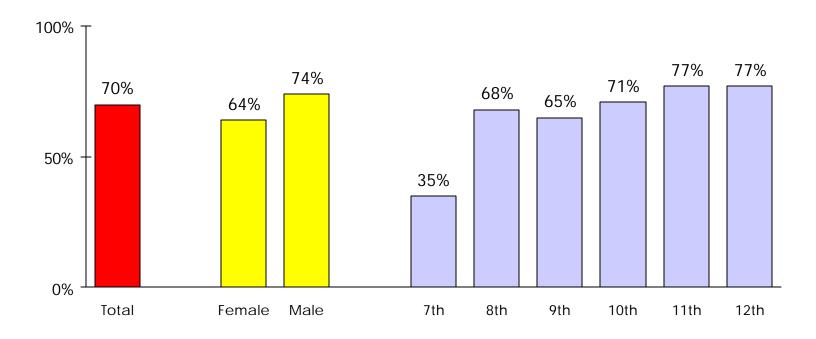
Percentage of students who smoked a whole cigarette for the first time before age 13.



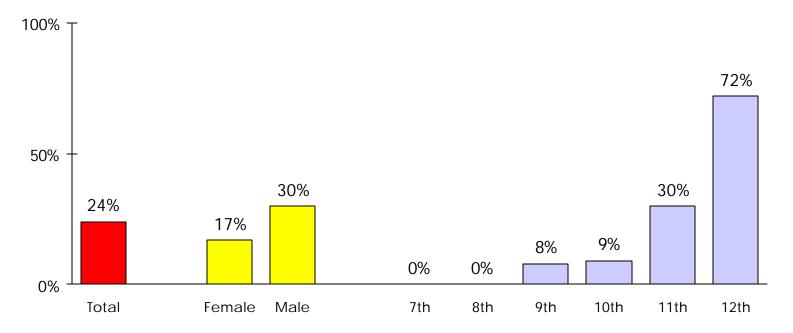
Percentage of students who smoked cigarettes on one or more of the past 30 days.



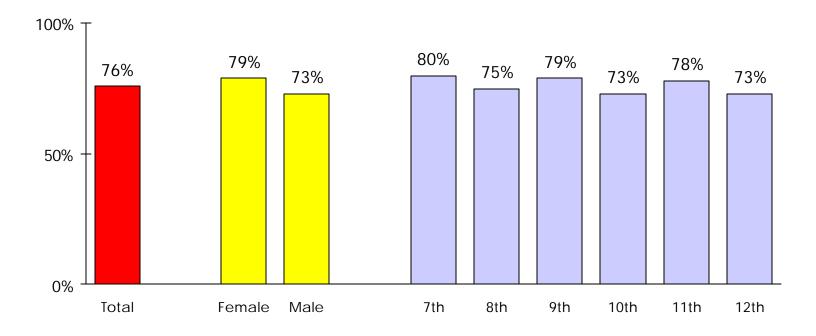
Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.



Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



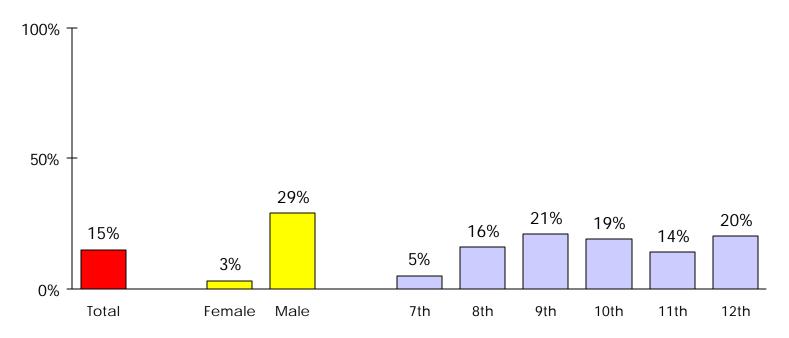
Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.



# ■ Tobacco Use - Smokeless Tobacco

This question measures smokeless tobacco use.

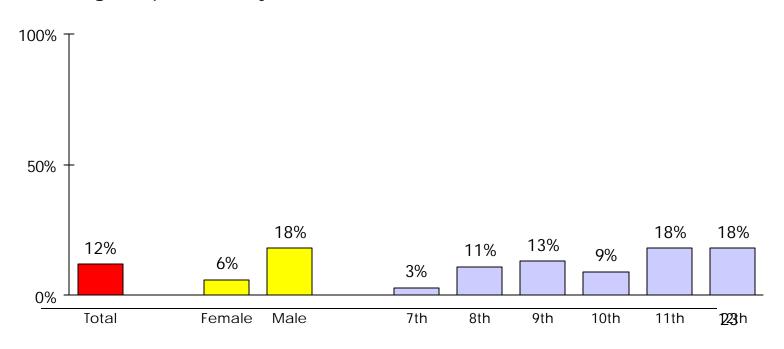
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



# ■ Tobacco Use - Cigar

This question measures cigar smoking.

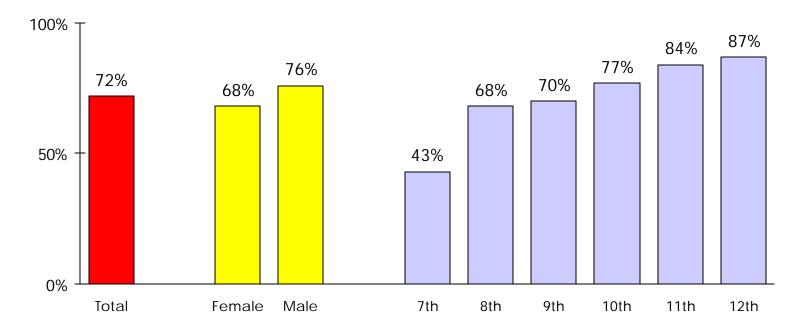
Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.



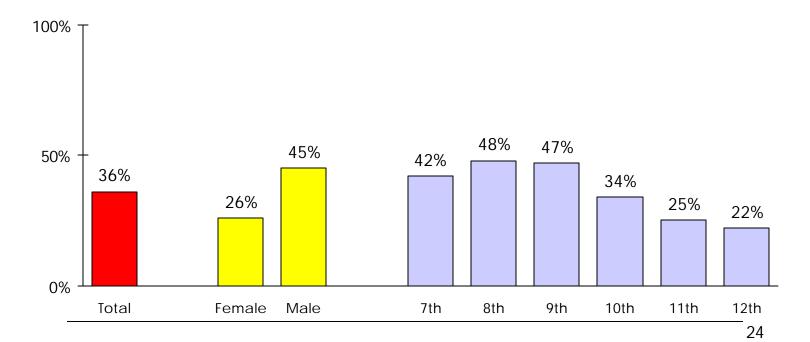
#### Alcohol Use

These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.

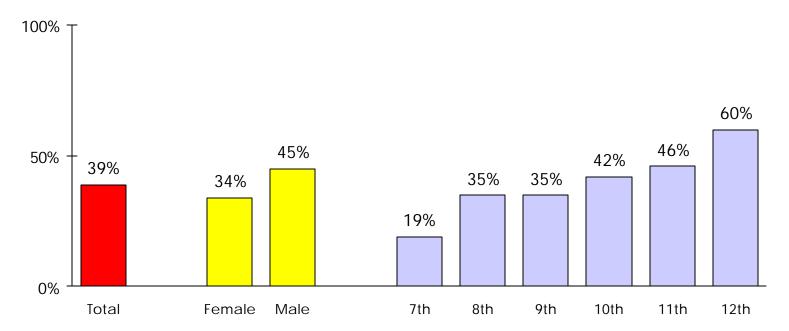
Percentage of students who had at least one drink of alcohol on one or more days during their life.



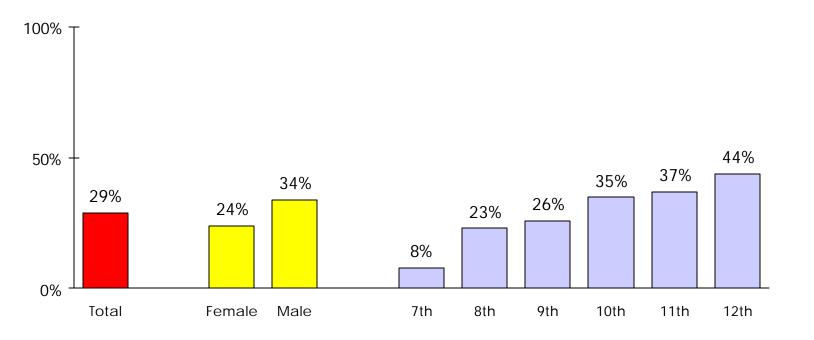
Percentage of students who had their first drink of alcohol other than a few sips before age 13.



Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



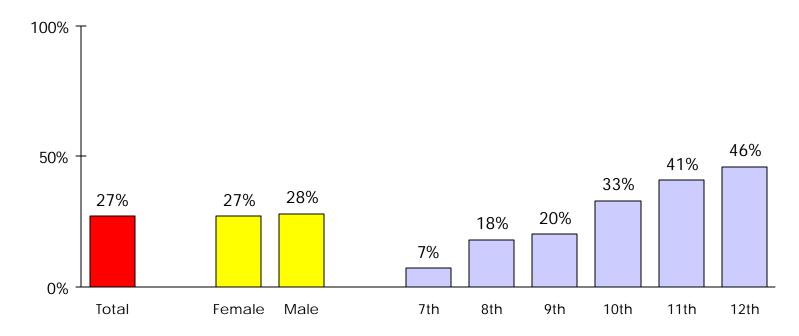
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.



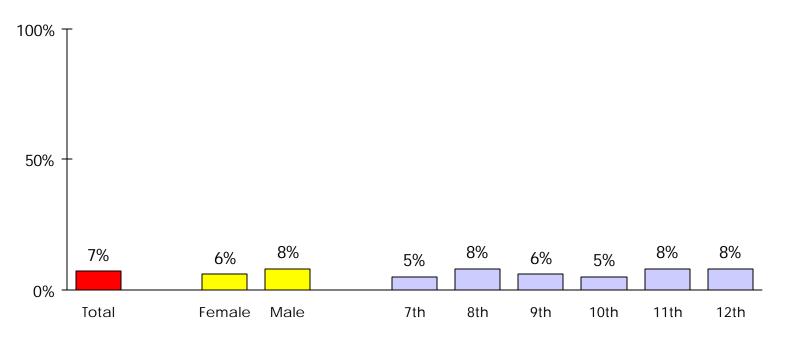
# Drug Use

These questions measure the frequency of illegal drug use.

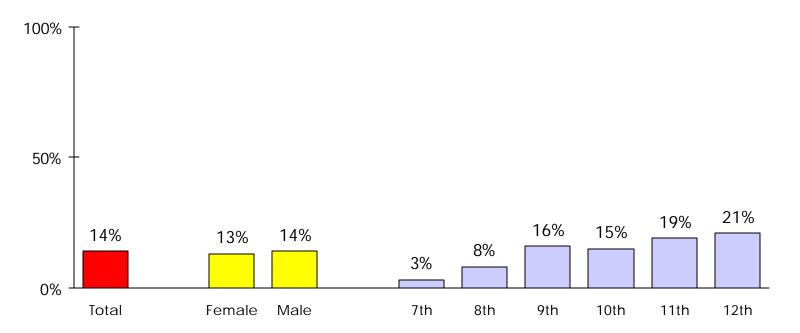
Percentage of students who used marijuana one or more times during their life.



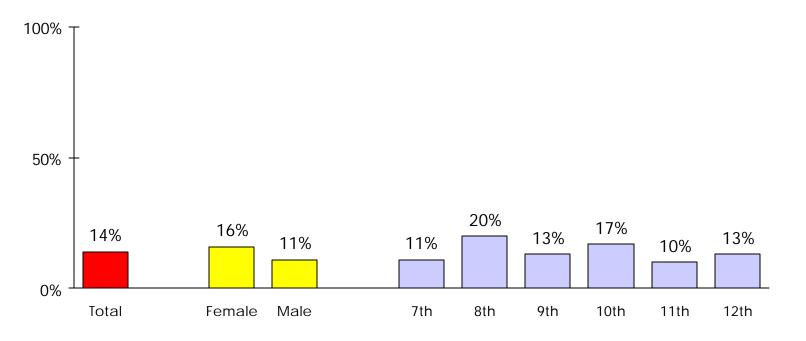
Percentage of students who tried marijuana for the first time before age 13.



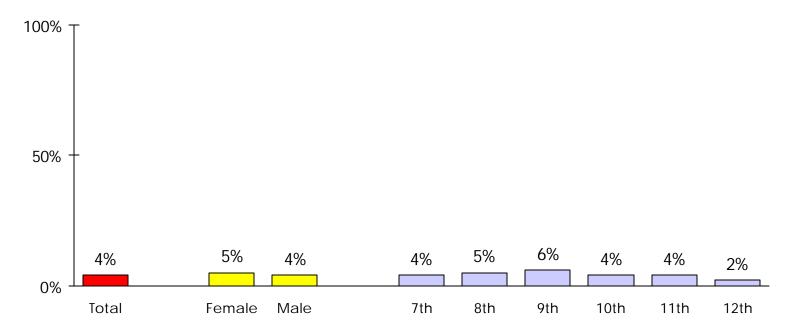
Percentage of students who used marijuana one or more times during the past 30 days.



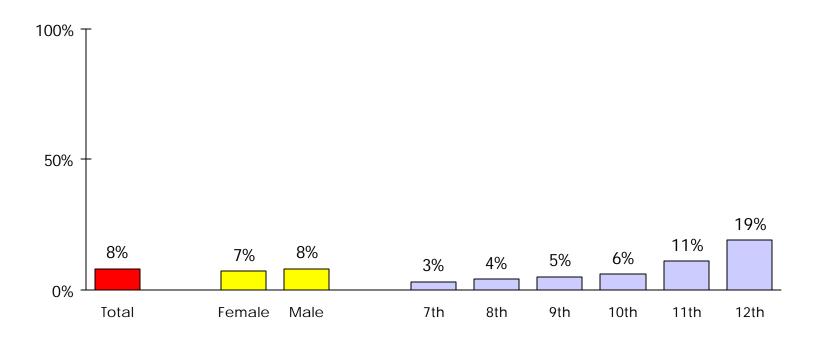
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



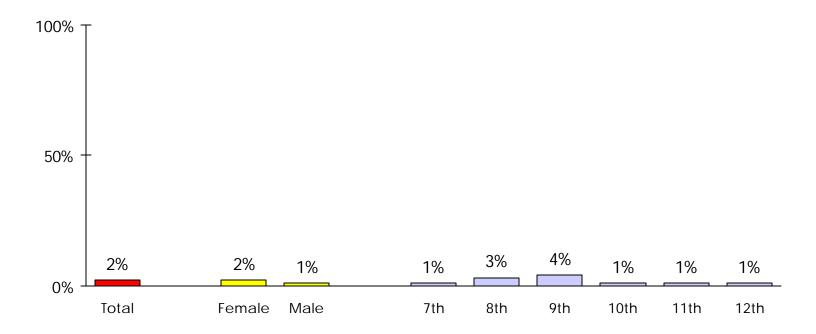
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.



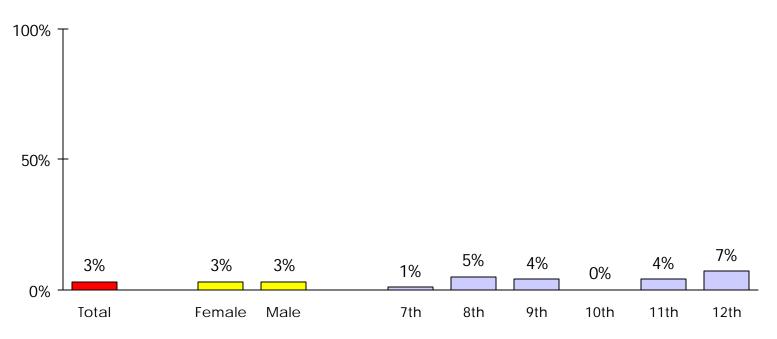
Percentage of students who used methamphetamines one or more times during their life.



Percentage of students who used heroin one or more times during their life.



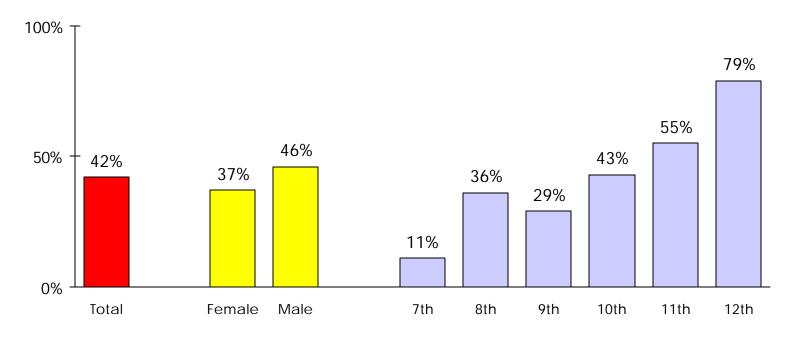
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



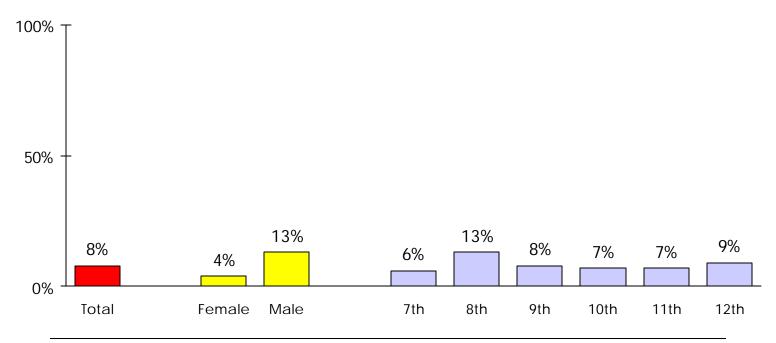
# Sexual Activity

These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.

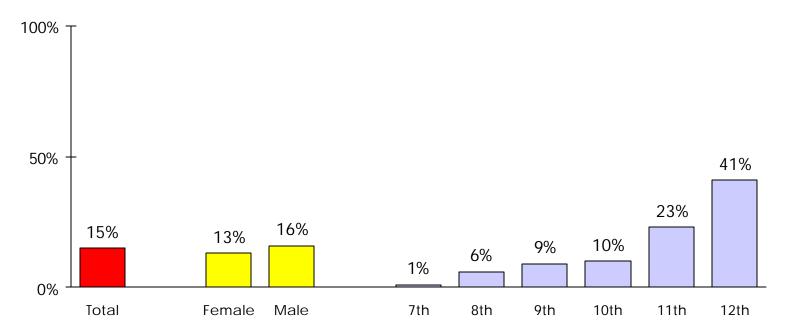
Percentage of students who have had sexual intercourse.



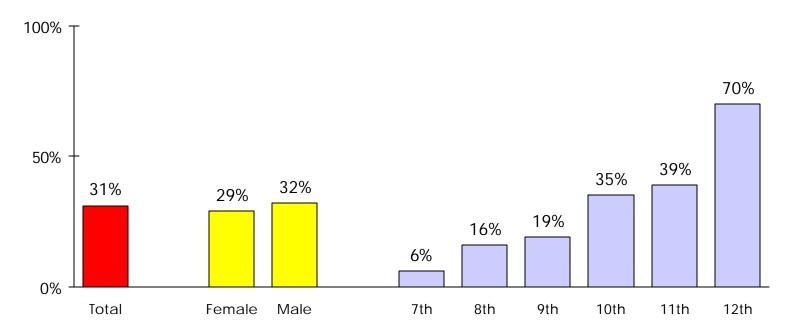
Percentage of students who had sexual intercourse for the first time before age 13.



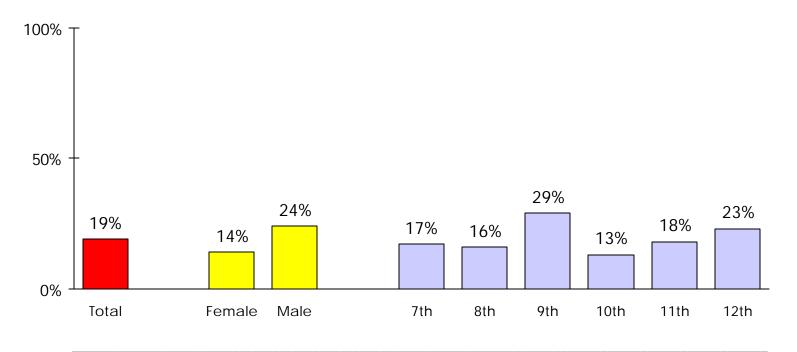
Percentage of students who had sexual intercourse with four or more people during their life.



Percentage of students who had sexual intercourse during the past three months.



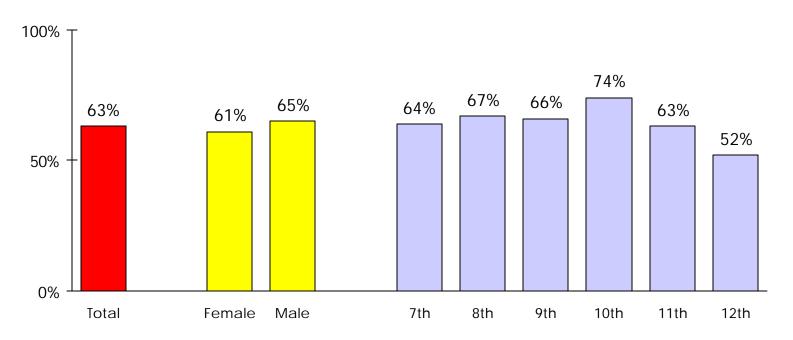
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



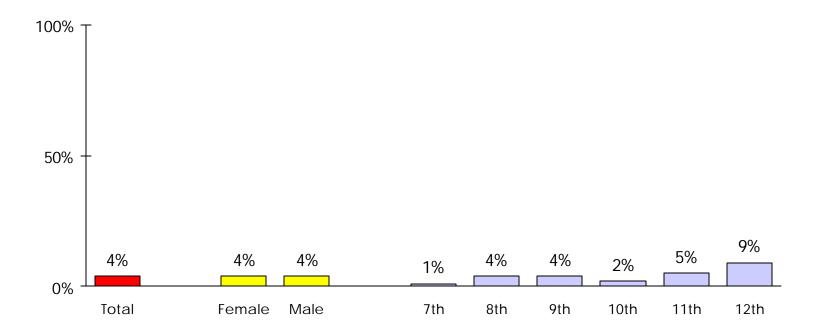
# Contraception

These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



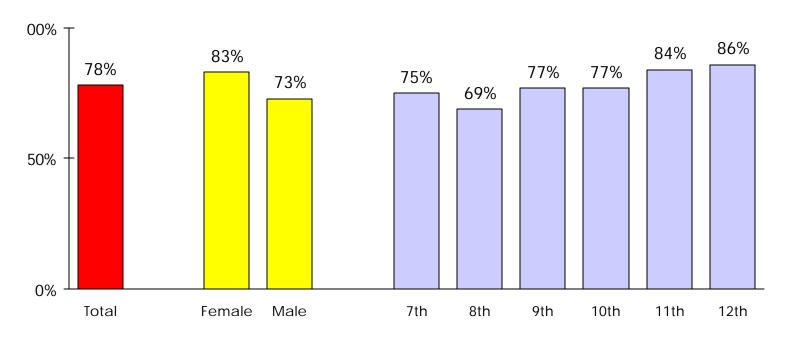
Percentage of students who had been or gotten someone pregnant one or more times.



### AIDS, HIV, & STDs

This question measures whether students have received HIV information at school.

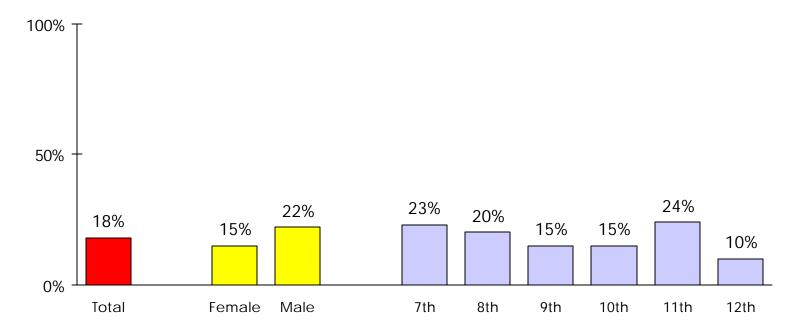
Percentage of students who were ever taught about AIDS or HIV infection in school.



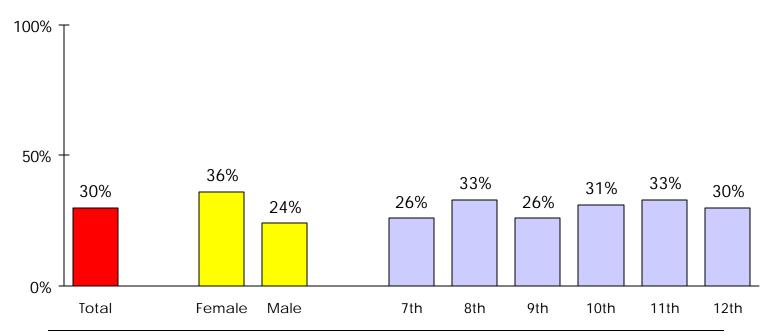
# Obesity

These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.

Percentage of students who are overweight, as calculated by Body Mass Index.



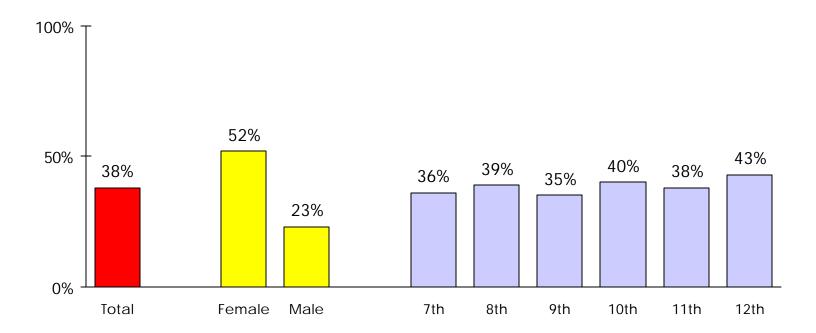
Percentage of students who describe themselves as slightly or very overweight.



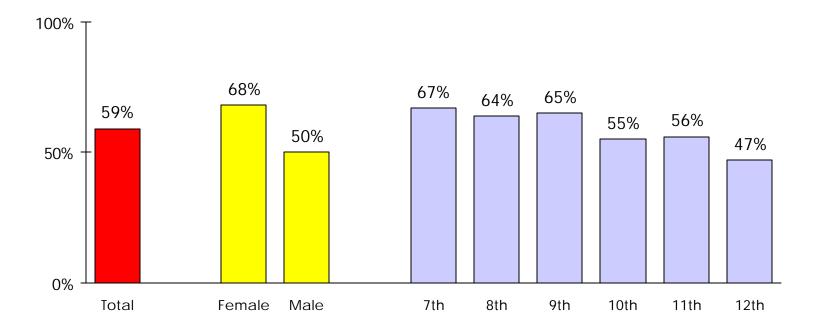
Percentage of students who were trying to lose weight.



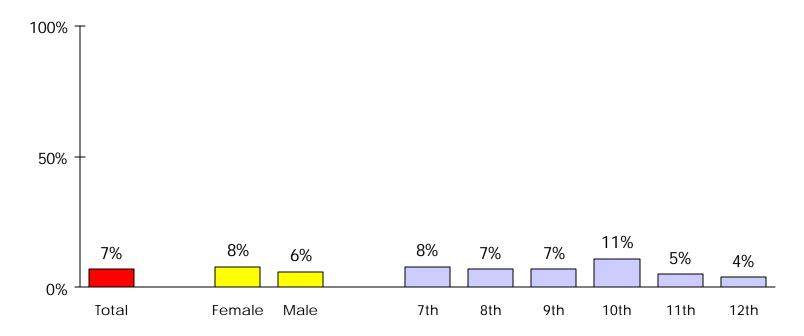
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



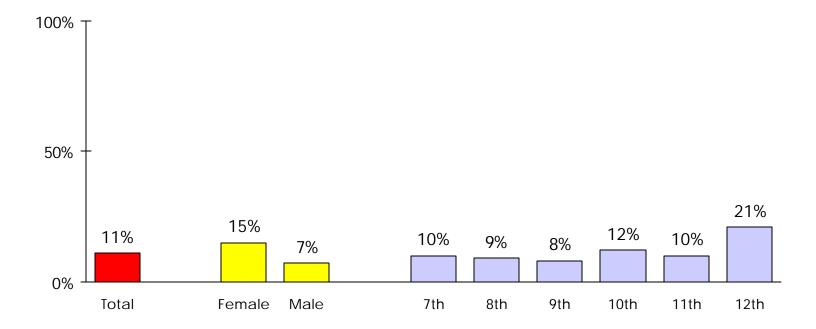
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.



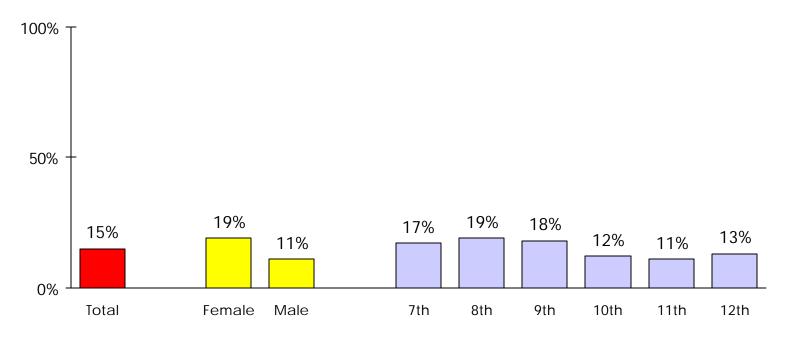
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



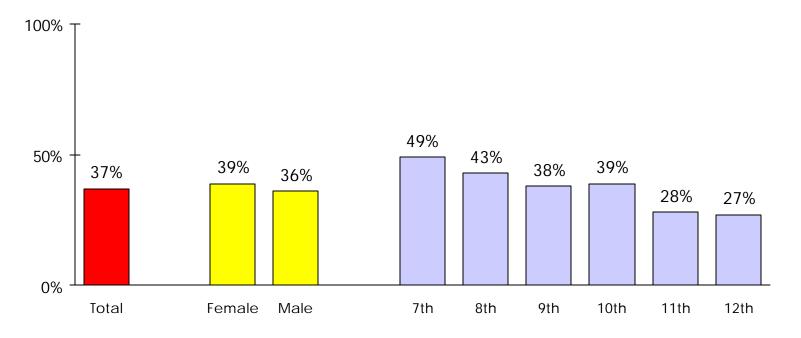
Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.



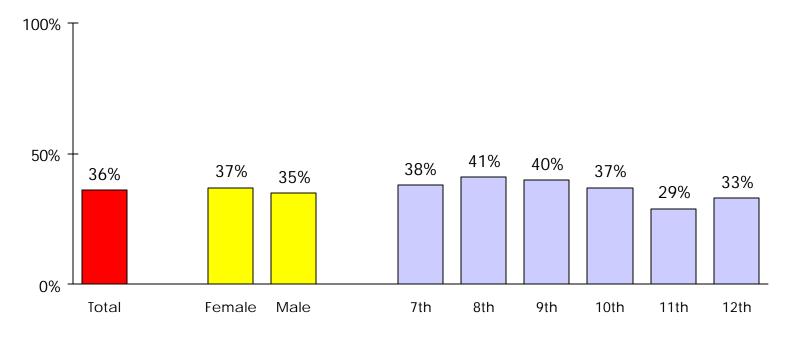
### Nutrition

These questions measure food choices.

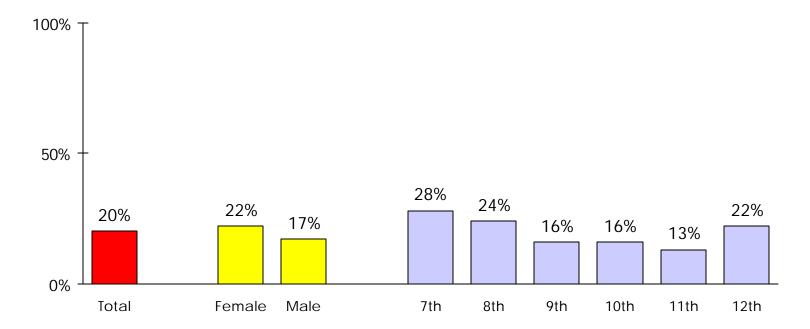
Percentage of students who ate fruit four or more times during the past 7 days.



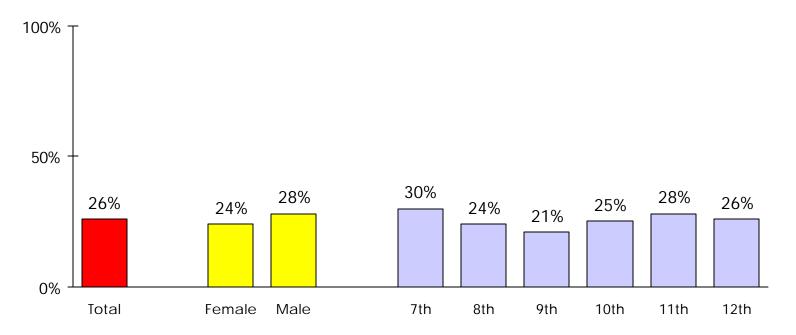
Percentage of students who drank fruit juices four or more times during the past 7 days.



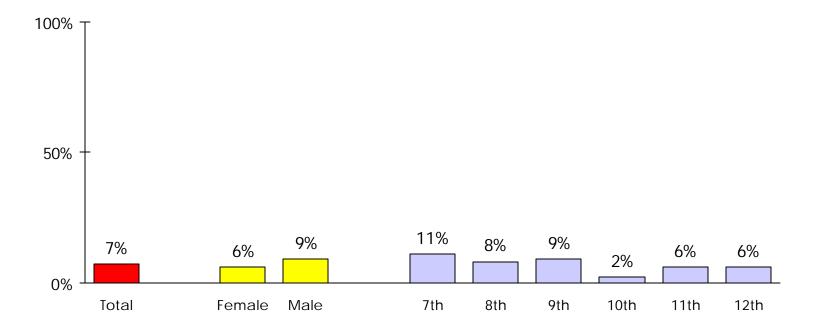
Percentage of students who ate green salad four or more times during the past 30 days.



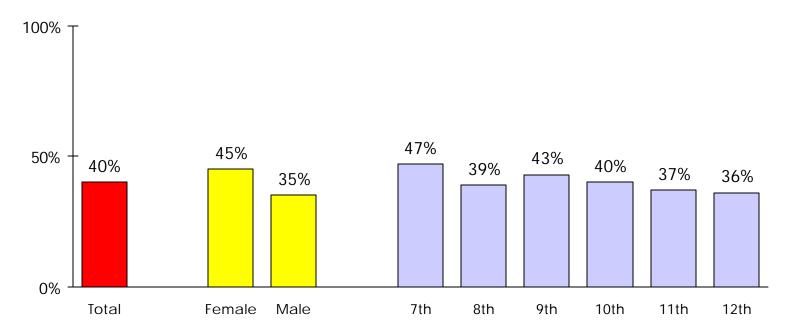
Percentage of students who ate potatoes four or more times during the past 30 days.



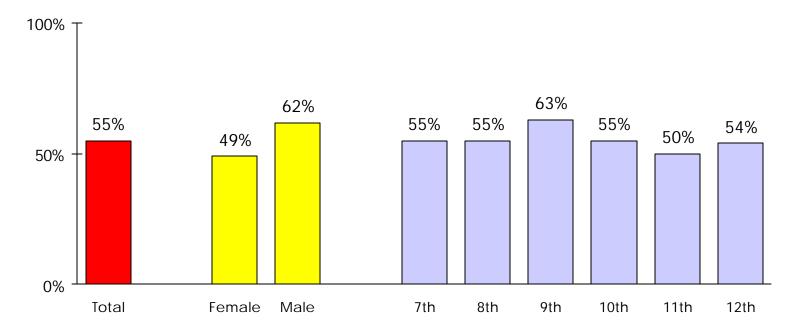
Percentage of students who ate carrots four or more times during the past 7 days.



Percentage of students who ate other vegetables four or more times during the past 7 days.



Percentage of students who drank milk four or more times during the past 7 days.



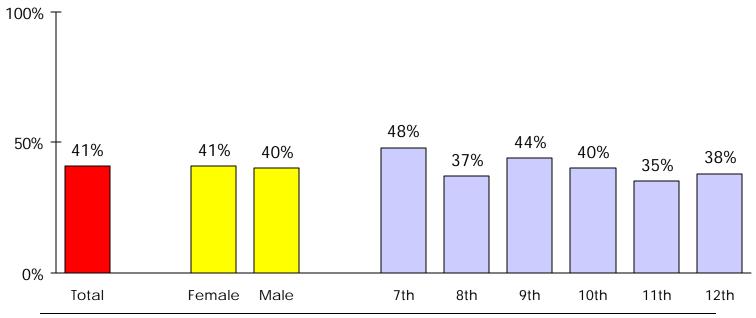
# Physical Activity

These questions measure students' physical activity, including team sports, physical education class, and sports injuries.

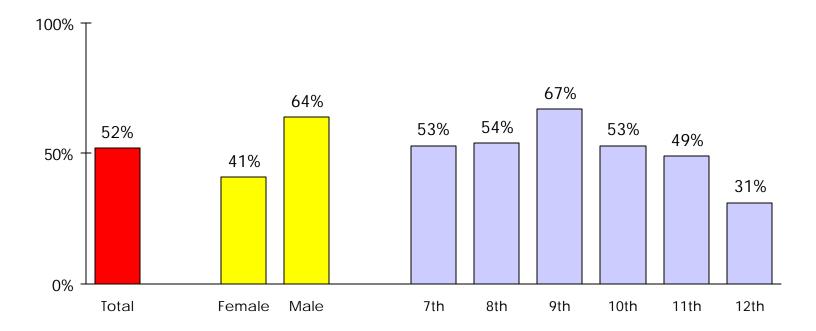
Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.



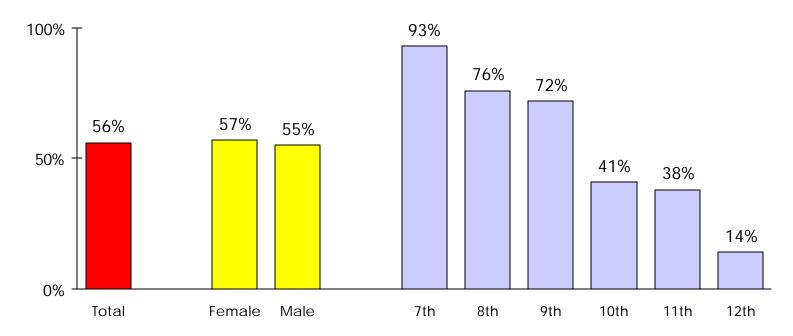
Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.



Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.



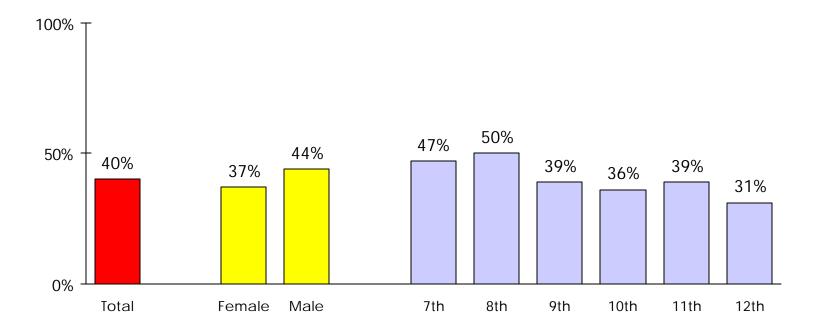
Percentage of students who attended physical education (PE) class one or more days during an average school week.



Percentage of students who played on one or more sports teams during the past 12 months.



Percentage of students who were injured while exercising, playing sports, or being physically active and had to be treated by a doctor or nurse during the past 12 months.

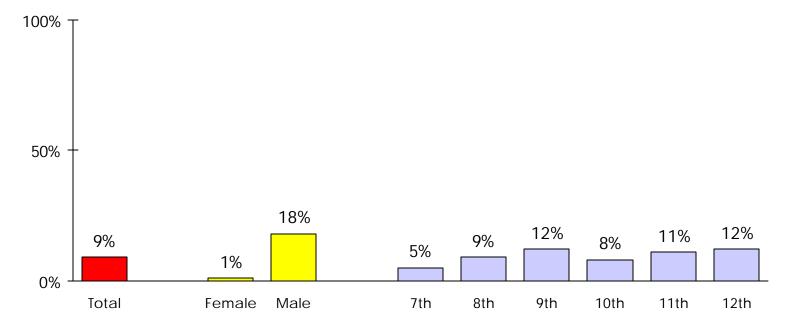


### Violence-Related Behaviors at School

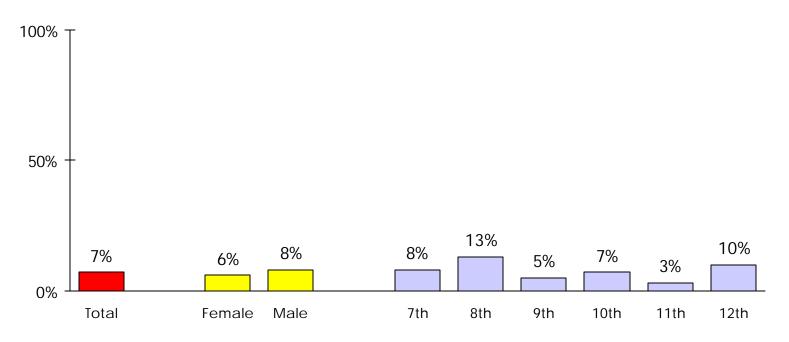
These questions measure violence related behaviors at school.

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

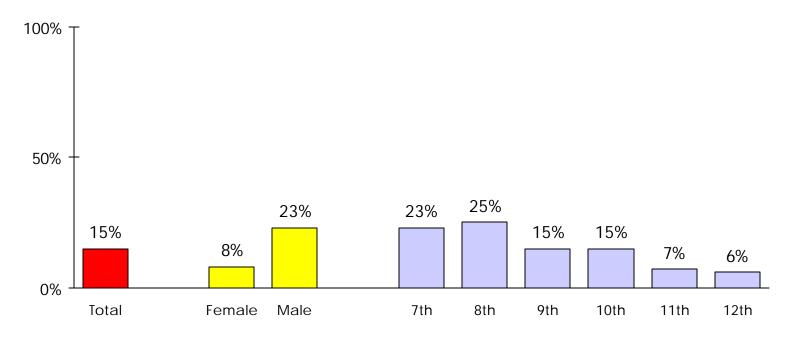
\*such as a gun, knife, or club.



Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



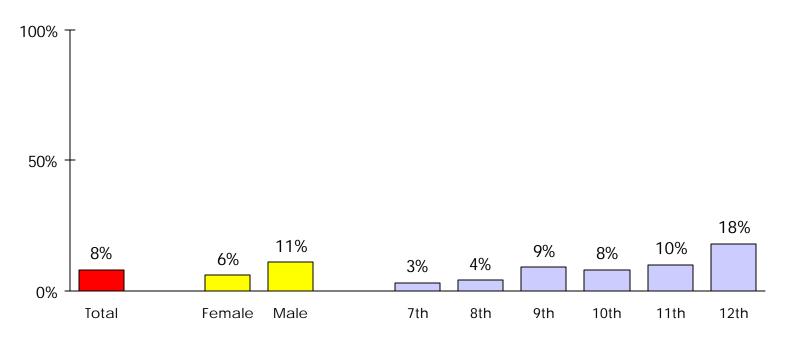
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



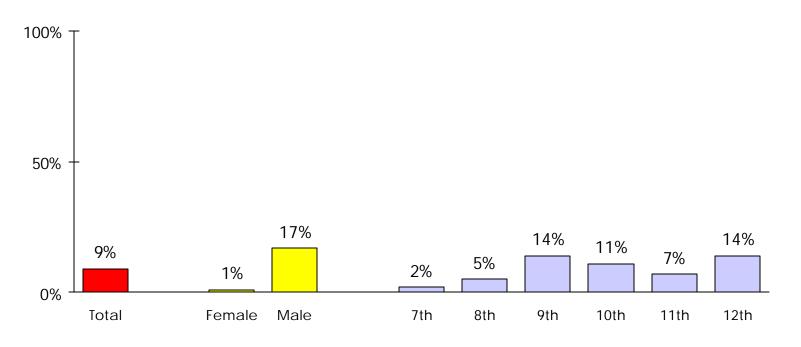
### ■ Tobacco Use at School

These questions measure tobacco use on school property.

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



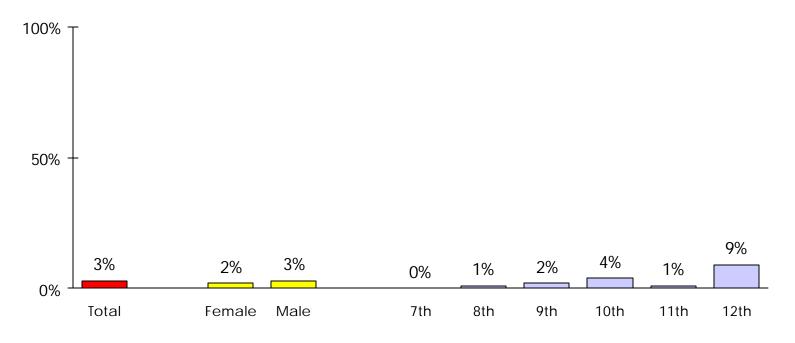
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



## Alcohol Use at School

This question measures alcohol use on school property.

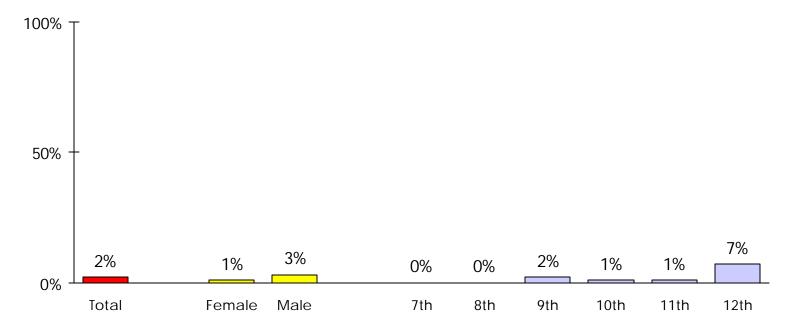
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.



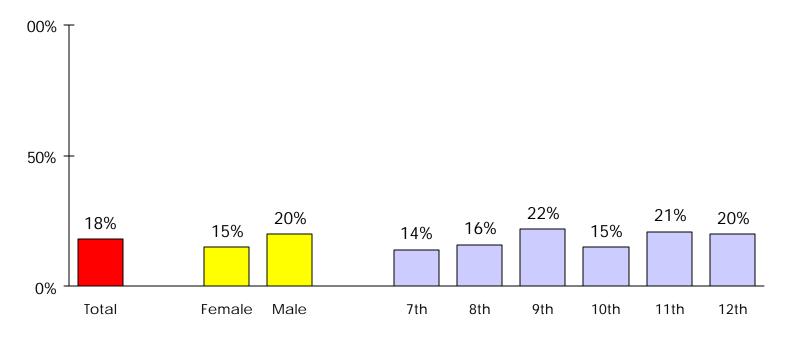
# Drug Use at School

These questions measure drug use and availability on school property.

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



### 1999-2000 Pike County Youth Risk Behavior Survey Questionnaire

#### 1. How old are you?

AGE	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	entiffffff.
12 OR YOUNGER	37	5. 05
13	98	13. 39
14	128	17. 49
15	123	16. 80
16	153	20. 90
17	113	15. 44
18 OR OLDER	80	10. 93

Frequency Missing = 4

#### 2. What is your sex?

SEX	Frequency	Percent
fffffff.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	fffffffff
<b>FEMALE</b>	377	51. 50
MALE	355	48. 50

Frequency Missing = 4

### 3. In what grade are you?

GRADE	Frequency	Percent
fffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	fffffffff
7TH	126	17. 33
8TH	99	13. 62
<b>9TH</b>	132	18. 16
10TH	132	18. 16
11TH	138	18. 98
12TH	100	13. 76

7. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?

RI DEMTBK	Frequency	Percent
111111111111111111111111111111111111111	fffffffffffffff	fffffffff
DID NOT RIDE	483	66. 07
NEVER WORE	93	12. 72
RARELY WORE	16	2. 19
SOMETI MES WORE	22	3. 01
WORE MOST OF THE TIME	33	4. 51
ALWAYS WORE	84	11. 49

Frequency Missing = 5

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

RI DEBI KE	Frequency	Percent
111111111111111111111111111111111111111	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
DID NOT RIDE	232	31. 56
NEVER WORE	462	62.86
RARELY WORE	18	2.45
SOMETI MES WORE	10	1. 36
WORE MOST OF THE TIME	8	1. 09
ALWAYS WORE	5	0. 68

Frequency Missing = 1

9. How often do you wear a seat belt when riding in a car driven by someone else?

SEATBELT	Frequency	Percent
ffffffffffffffffffff	fffffffffffff	ffffffff
NEVER	50	6. 86
RARELY	82	11. 25
SOMETI MES	163	22. 36
MOST OF THE TIME	239	32. 78
ALWAYS	195	<b>26</b> . <b>75</b>

10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

RI DEDRNK	Frequency	Percent
ffffffffff	rffffffffffffff	fffffffff
O TIMES	507	<b>69</b> . 17
1 TIME	70	9. 55
2-3 TI MES	85	11.60
4-5 TI MES	24	3. 27
6+ TIMES	47	6.41

Frequency Missing = 3

11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

DRVEDRNK	Frequency	Percent
fffffffffff	etter i i i i i i i i i i i i i i i i i i i	ffffffff
O TIMES	640	88. 64
1 TIME	36	4. 99
2-3 TI MES	26	3. 60
4-5 TIMES	8	1. 11
6+ TI MES	12	1. 66

Frequency Missing = 14

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

CARRYWPN	Frequency	Percent
ffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	ffffffffff
O TIMES	528	<b>75. 11</b>
1 TIME	25	3. 56
2-3 TI MES	34	4.84
4-5 TI MES	14	1. 99
6+ TIMES	102	14. 51

13. During the past 30 days, on how many days did you carry a gun?

CARRYGUN	Frequency	Percent
<b>ffffffffff</b>		TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O TIMES	630	88. 24
1 TIME	17	2. 38
2-3 TI MES	24	3. 36
4-5 TIMES	9	1. 26
6+ TIMES	34	4. 76

Frequency Missing = 22

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

<b>WPNSCHOO</b>	Frequency	Percent
fffffffffff	eggette en	fffffffff
O TIMES	657	90. 75
1 TIME	16	2. 21
2-3 TI MES	12	1.66
4-5 TI MES	3	0.41
6+ TIMES	36	4. 97

Frequency Missing = 12

15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

<b>FLTUNSAF</b>	Frequency	Percent
<b>ffffffffff</b>	ffffffffffffffffffffffffffffffffffffff	ffffffffff
O TIMES	692	94. 28
1 TIME	25	3.41
2-3 TI MES	10	1. 36
6+ TI MES	7	0. 95

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

THRTI NJD	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	ttttttttttttt	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O TIMES	682	92. 79
1 TIME	26	3. 54
2-3 TI MES	12	1. 63
4-5 TI MES	3	0.41
6-7 TI MES	2	0. 27
8-9 TI MES	2	0. 27
10-11 TIMES	2	0. 27
12+ TI MES	6	0. 82

Frequency Missing = 1

17. During the past 12 months, how many times were you in a physical fight?

FI GHT	Frequency	Percent
fffffffffffff.	fffffffffffffff	fffffffff
O TIMES	502	<b>69</b> . <b>34</b>
1 TIME	118	16. 30
2-3 TI MES	62	8. 56
4-5 TI MES	17	2. 35
6-7 TI MES	6	0. 83
8-9 TI MES	5	0. 69
10-11 TIMES	1	0.14
12+ TI MES	13	1.80

Frequency Missing = 12

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

FI GHTMED	Frequency	Percent
ffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O TIMES	711	98. 48
1 TIME	6	0. 83
2-3 TIMES	1	0.14
4-5 TIMES	1	0.14
6+ TIMES	3	0. 42

Frequency Missing = 14

19. During the past 12 months, how many times were you in a physical fight on school property?

<b>FGHTSCHO</b>	Frequency	Percent
fffffffffffff.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	ffffffffff
O TIMES	624	84. 90
1 TIME	79	10. 75
2-3 TI MES	22	2. 99
4-5 TI MES	3	0.41
6-7 TI MES	1	0.14
8-9 TI MES	2	0. 27
10-11 TIMES	2	0. 27
12+ TIMES	2	0. 27

Frequency Missing = 1

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

LOVEHI T	Frequency	Percent
fffffffff	ffffffffffffffffffffffffffffffffffffff	fffffffff
YES	76	10. 35
NO	658	89. 65

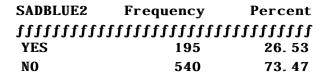
Frequency Missing = 2

21. Have you ever been forced to have sexual intercourse when you did not want to?

FORCESEX	Frequency	Percent
ffffffffff	ttttttttttttt	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
YES	71	9. 67
NO	663	90. 33

Frequency Missing = 2

22. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?



Frequency Missing = 1

23. During the past 12 months, did you ever seriously consider attempting suicide?

THNKSUI C	Frequency	Percent
fffffffff	1111111111111	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
YES	113	16. 24
NO	583	83. 76

Frequency Missing = 40

24. During the past 12 months, did you make a plan about how you would attempt suicide?

PLANSUI C	Frequency	Percent
ffffffffff		TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
YES	82	11. 19
NO	651	88. 81

Frequency Missing = 3

25. During the past 12 months, how many times did you actually attempt suicide?

ATMPSUI C	Frequency	Percent
<b>ffffffffff</b>	1111111111111	erenter er
O TIMES	596	95. 36
1 TIME	15	2.40
2-3 TI MES	11	1. 76
4-5 TI MES	1	0. 16
6+ TIMES	2	0. 32

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

DRSUI C	Frequency	Percent
ffffffff	tttttttttttt	fffffffff
N/A	<b>595</b>	93. 41
YES	16	2. 51
NO	26	4. 08

Frequency Missing = 99

27. Have you ever tried cigarette smoking, even one or two puffs?

TRYSMOK	Frequency	Percent
fffffffff		ffffffffff
YES	485	68. 89
NO	219	31. 11

Frequency Missing = 32

28. How old were you when you smoked a whole cigarette for the first time?

AGESMOK	Frequency	Percent
fffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	fffffffff
NEVER TRIED	306	43. 90
8 OR YOUNGER	43	6. 17
AGE 9-10	60	8. 61
AGE 11-12	122	17. 50
AGE 13-14	110	15. 78
AGE 15-16	48	6. 89
17 OR OLDER	8	1. 15

29. During the past 30 days, on how many days did you smoke cigarettes?

SMOK30	Frequency	Percent
ffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O DAYS	473	66. 62
1-2 DAYS	49	6. 90
3-5 DAYS	22	3. 10
6-9 DAYS	19	2. 68
10-19 DAYS	25	3. 52
20-29 DAYS	32	4. 51
<b>ALL 30 DAYS</b>	90	12.68

Frequency Missing = 26

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

SMOKDAY	Frequency	Percent
ffffffffffff.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
NONE IPM	473	66. 81
LT 1 PER DAY	37	5. 23
1/DAY	34	4. 80
2-5/DAY	96	13. 56
6-10/DAY	31	4. 38
11-20/DAY	27	3. 81
21+ /DAY	10	1.41

Frequency Missing = 28

31. During the past 30 days, how did you usually get your own cigarettes?

GETCI G	Frequency	Percent
111111111111111111111111111111111111111	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
NONE IPM	472	<b>66</b> . <b>57</b>
STORE BOUGHT	57	8. 04
MACHINE BOUGHT	5	0.71
SOMEONE ELSE BOUGHT	70	9. 87
BORROWED THEM	68	9. 59
STOLE THEM	6	0.85
OTHER	31	4. 37

32. When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

I DCI G	Frequency	Percent
fffffff		lllllllll
N/A	606	82. 90
YES	60	8. 21
NO	65	8. 89

Frequency Missing = 5

33. During the past 30 days, on how many days did you smoke cigarettes on school property?

<b>SMOKSCHO</b>	Frequency	Percent
ffffffffffffff	ttttttttttt	ffffffff
O DAYS	665	91.60
1-2 DAYS	29	3. 99
3-5 DAYS	6	0. 83
6-9 DAYS	12	1.65
10-19 DAYS	5	0. 69
20-29 DAYS	3	0.41
ALL 30 DAYS	6	0. 83

Frequency Missing = 10

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?

<b>SMOKREG</b>	Frequency	Percent
fffffffff	fffffffffffffff	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
YES	176	24.41
NO	545	<b>75. 59</b>

35. Have you ever tried to quit smoking cigarettes?

<b>QUITSMOK</b>	Frequency	Percent
fffffffff	ffffffffffffffffffffffffffffffffffffff	fffffffff
YES	218	32. 30
NO	457	67. 70

Frequency Missing = 61

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

СНЕЖТОВА	Frequency	Percent
fffffffffffff	fffffffffffff	ffffffff
O DAYS	610	84. 60
1-2 DAYS	28	3. 88
3-5 DAYS	17	2. 36
6-9 DAYS	8	1. 11
10-19 DAYS	11	1. 53
20-29 DAYS	11	1. 53
ALL 30 DAYS	36	4. 99

Frequency Missing = 15

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?

CHEWSCHO	Frequency	Percent
fffffffffffff	fffffffffffff	ffffffff
O DAYS	663	91. 32
1-2 DAYS	17	2. 34
3-5 DAYS	12	1.65
6-9 DAYS	4	0. 55
10-19 DAYS	9	1. 24
20-29 DAYS	3	0.41
ALL 30 DAYS	18	2.48

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

CI GAR	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O DAYS	643	87. 84
1-2 DAYS	<b>50</b>	6. 83
3-5 DAYS	16	2. 19
6-9 DAYS	10	1. 37
10-19 DAYS	8	1. 09
20-29 DAYS	2	0. 27
ALL 30 DAYS	3	0.41

Frequency Missing = 4

39. During your life, on how many days have you had at least one drink of alcohol?

DRANK	Frequency	Percent
<b>fffffffffff</b>	1111111111111	ffffffffff
O DAYS	179	28. 50
1-2 DAYS	67	10.67
3-9 DAYS	98	15.61
10-19 DAYS	72	11.46
20-39 DAYS	65	10. 35
40-99 DAYS	52	8. 28
100+ DAYS	95	15. 13

Frequency Missing = 108

40. How old were you when you had your first drink of alcohol other than a few sips?

DRI NKAGE	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	erenter en
NEVER TRIED	173	26. 74
8 OR YOUNGER	78	12.06
AGE 9-10	61	9. 43
AGE 11-12	91	14.06
AGE 13-14	146	22. 57
AGE 15-16	88	13. 60
17 OR OLDER	10	1.55

41. During the past 30 days, on how many days did you have at least one drink of alcohol?

DRI NK30	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O DAYS	408	60. 99
1-2 DAYS	92	13. 75
3-5 DAYS	78	11.66
6-9 DAYS	51	7. 62
10-19 DAYS	28	4. 19
20-29 DAYS	10	1.49
ALL 30 DAYS	2	0. 30

Frequency Missing = 67

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

DRI NK5	Frequency	Percent
ffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	entite in the second
O DAYS	507	71.51
1 DAY	65	9. 17
2 DAYS	43	6. 06
3-5 DAYS	48	6. 77
6-9 DAYS	21	2. 96
10-19 DAYS	22	3. 10
20+ DAYS	3	0. 42

Frequency Missing = 27

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

DRNKSCHO	Frequency	Percent
fffffffffff	rffffffffffffffff	fffffffff
O DAYS	703	97. 23
1-2 DAYS	12	1.66
3-5 DAYS	7	0. 97
6-9 DAYS	1	0.14

44. During you life, how many times have you used marijuana?

POTUSE	Frequency	Percent
ffffffffffff	tttttttttttt	fffffffff
0 TIMES	520	72. 63
1-2 TI MES	60	8. 38
3-9 TI MES	30	4. 19
10-19 TIMES	26	3. 63
20-39 TIMES	19	2. 65
40-99 TIMES	20	2. 79
100+ TI MES	41	5. 73

Frequency Missing = 20

45. How old were you when you tried marijuana for the first time?

AGEPOT	Frequency	Percent
ffffffffffffff	etter i i i i i i i i i i i i i i i i i i i	fffffffff
NEVER TRIED	518	72. 25
8 OR YOUNGER	5	0. 70
AGE 9-10	8	1. 12
AGE 11-12	36	5. 02
AGE 13-14	83	11. 58
AGE 15-16	55	7. 67
17 OR OLDER	12	1.67

Frequency Missing = 19

46. During the past 30 days, how many times did you use marijuana?

P0T30	Frequency	Percent
<b>fffffffffff</b>	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	etttttttt
O TIMES	625	86. 45
1-2 TI MES	45	6. 22
3-9 TI MES	20	2.77
10-19 TIMES	11	1. 52
20-39 TIMES	8	1. 11
40+ TIMES	14	1. 94

47. During the past 30 days, how many times did you use marijuana on school property?

POTSCHO	Frequency	Percent
ffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O TIMES	711	98. 20
1-2 TI MES	8	1. 10
3-9 TI MES	3	0.41
10-19 TIMES	2	0. 28

Frequency Missing = 12

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

<b>USECOKE</b>	Frequency	Percent
fffffffffffff.	fffffffffffffff	fffffffff
O TIMES	673	93. 86
1-2 TI MES	20	2. 79
3-9 TI MES	12	1.67
10-19 TIMES	9	1. 26
20-39 TIMES	1	0.14
40+ TIMES	2	0. 28

Frequency Missing = 19

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

COKE30	Frequency	Percent
ffffffffffff	ttttttttttttt	ffffffffff
O TIMES	711	97. 80
1-2 TI MES	9	1. 24
3-9 TI MES	5	0. 69
10-19 TIMES	1	0. 14
20-39 TIMES	1	0.14

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

SNI FGLUE	Frequency	Percent
<b>fffffffffff</b>	ffffffffffffffffffffffffffffffffffffff	fffffffff
O TIMES	620	86. 35
1-2 TI MES	<b>54</b>	7. 52
3-9 TI MES	23	3. 20
10-19 TIMES	11	1. 53
20-39 TIMES	1	0.14
40+ TIMES	9	1. 25

Frequency Missing = 18

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

SNI F30	Frequency	Percent
<b>fffffffffff</b>	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O TIMES	686	95. 81
1-2 TI MES	19	2.65
3-9 TIMES	3	0. 42
10-19 TIMES	4	0. 56
40+ TIMES	4	0. 56

Frequency Missing = 20

52. During your life, how many times have you used heroin (also called smack, junk or china white)?

<b>USEHERON</b>	Frequency	Percent
<b>fffffffffff</b>	ffffffffffffffffffffffffffffffffffffff	ffffffffff
O TIMES	712	98. 21
1-2 TIMES	11	1. 52
3-9 TIMES	1	0.14
10-19 TIMES	1	0.14

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

USEMETH	Frequency	Percent
ffffffffffff	ttttttttttttt	ffffffffff
O TIMES	668	92. 01
1-2 TI MES	25	3. 44
3-9 TI MES	11	1. 52
10-19 TIMES	12	1.65
20-39 TIMES	6	0. 83
40+ TIMES	4	0. 55

Frequency Missing = 10

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

<b>USESTERO</b>	Frequency	Percent
ffffffffffff	fffffffffffffff	ffffffff
O TIMES	705	96. 71
1-2 TI MES	12	1.65
3-9 TI MES	6	0. 82
10-19 TIMES	4	0. 55
40+ TIMES	2	0. 27

Frequency Missing = 7

55. During your life, how many times have you used a needle to inject any illegal drug into your body?

SHOOTUP	Frequency	Percent
fffffffff	ffffffffffffff	ffffffffff
O TIMES	719	98. 63
1 TIME	3	0.41
2+ TI MES	7	0. 96

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

SCHLDRG	Frequency	Percent
fffffffff	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT	ffffffffff
YES	130	17. 83
NO	599	82. 17

Frequency Missing = 7

57. Have you ever had sexual intercourse?

I NTRCRSE	Frequency	Percent
ffffffffff	11111111111111	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
YES	273	41.55
NO	384	58. 45

Frequency Missing = 79

58. How old were you when you had sexual intercourse for the first time?

AGESEX	Frequency	Percent
111111111111111111111111111111111111111	fffffffffff	fffffffff
NEVER	384	<b>58. 36</b>
AGE 11 OR YOUNGER	25	3. 80
AGE 12	29	4.41
AGE 13	48	7. 29
AGE 14	58	8. 81
AGE 15	55	8. 36
AGE 16	37	5. 62
AGE 17+	22	3. 34

59. During your life, with how many people have you had sexual intercourse

NUMPART	Frequency	Percent
111111111111111111111111111111111111111	fffffffffffff	fffffffff
NONE	384	<b>57. 92</b>
1 PERSON	102	15. 38
2 PEOPLE	<b>52</b>	7.84
3 PEOPLE	28	4. 22
4 PEOPLE	26	3. 92
5 PEOPLE	16	2.41
6 OR MORE PEOPLE	55	8. 30

Frequency Missing = 73

60. During the past 3 months, with how many people did you have sexual intercourse?

NUMPART3	Frequency	Percent
111111111111111111111111111111111111111	111111111111	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
NONE AT ALL	384	<b>58. 36</b>
NONE IN PAST 3 MONTHS	73	11.09
1 PERSON	151	22. 95
2 PEOPLE	20	3. 04
3 PEOPLE	14	2. 13
4 PEOPLE	7	1.06
5 PEOPLE	3	0.46
6 OR MORE PEOPLE	6	0. 91

Frequency Missing = 78

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

DRNKSEX	Frequency	Percent
ffffffff	fffffffffffff	fffffffff
N/A	384	<b>57. 92</b>
YES	54	8. 14
NO	225	33. 94

62. The last time you had sexual intercourse, did you or your partner use condom?

CONDOM	Frequency	Percent
ffffffff	ffffffffffffff	fffffffff
N/A	388	<b>58.97</b>
YES	169	25. 68
NO	101	15. 35

Frequency Missing = 78

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

BRTHCNTL	Frequency	Percent
***************************************	fffffffffffffff	fffffffff
NEVER HAD SEX	391	<b>59. 06</b>
NO BIRTH CONTROL USED	28	4. 23
BIRTH CONTROL PILLS	40	6.04
CONDOMS	136	20. 54
DEPO- PROVERA	12	1.81
WI THDRAWAL	38	5. 74
OTHER	3	0. 45
NOT SURE	14	2. 11

Frequency Missing = 74

64. How many times have you been pregnant or gotten someone pregnant?

NUMPREG	Frequency	Percent
fffffffff	tttttttttttt	fffffffff
O TIMES	688	96. 22
1 TIME	17	2. 38
2+ TIMES	3	0. 42
<b>NOT SURE</b>	7	0. 98

Frequency Missing = 21

65. How do you describe you weight?

DSWEI GHT	Frequency	Percent
111111111111111111111111111111111111111	fffffffffffff	ffffffff
VERY UNDERWEIGHT	23	3. 16
SLIGHTLY UNDERWEIGHT	77	10. 59
ABOUT THE RIGHT WEIGHT	409	<b>56. 26</b>
SLIGHTLY OVERWEIGHT	182	25. 03
VERY OVERWEIGHT	36	4. 95

Frequency Missing = 9

66. Which of the following are you trying to do about your weight?

WTSTATUS	Frequency	Percent
!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!		ffffffff
LOSE WEIGHT	312	42. 98
GAIN WEIGHT	117	16. 12
STAY THE SAME WEIGHT	153	21.07
NOT TRYING TO DO ANYTHING	144	19. 83

Frequency Missing = 10

67. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

<b>EXERCI SE</b>	Frequency	Percent
fffffffff.	ffffffffffffff	fffffffff
YES	430	<b>59.47</b>
NO	293	40. 53

Frequency Missing = 13

68. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

<b>EATLESS</b>	Frequency	Percent
fffffffff	ffffffffffffffffffffffffffffffffffffff	ettettett
YES	275	38. 25
NO	444	61.75

# 1999-2000 Pike County Youth Risk Behavior Survey Frequency Missing = 17

69. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

STARVE	Frequency	Percent
ffffffff	ttttttttttt	ffffffffff
YES	107	14. 90
NO	611	85. 10

Frequency Missing = 18

70. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

DI ETPI LL	Frequency	Percent
ffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
YES	80	11. 13
NO	639	88. 87

Frequency Missing = 17

71. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

```
LAXATI VE Frequency Percent ### Frequency Frequency ### Frequency ### Frequency ### Percent ### Frequency ### Freq
```

Frequency Missing = 22

72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

FRUI TJUC	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	fffffffff
NONE	202	28. 13
1-3 TI MES	255	35. 52
4-6 TI MES	113	15. 74
ONCE PER DAY	56	7. 80
TWI CE PER DAY	42	5. 85
3 TIMES PER DAY	17	2. 37
4+ TIMES PER DAY	33	4. 60

Frequency Missing = 18

73. During the past 7 days, how many times did you eat fruit?

EATFRUI T	Frequency	Percent
fffffffffffffffffff	fffffffffffff	ffffffff
NONE	133	18. 40
1-3 TI MES	320	44. 26
4-6 TI MES	126	17. 43
ONCE PER DAY	62	8. 58
TWI CE PER DAY	40	5. 53
3 TIMES PER DAY	18	2.49
4+ TIMES PER DAY	24	3. 32

Frequency Missing = 13

74. During the past 7 days, how many times did you eat green salad?

EATSALAD	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	ffffffffffffffffffffffffffffffffffffff	fffffffff
NONE	278	38. 66
1-3 TIMES	301	41.86
4-6 TIMES	85	11.82
ONCE PER DAY	34	4. 73
TWI CE PER DAY	10	1. 39
4+ TIMES PER DAY	11	1. 53

75. During the past 7 days, how many times did you eat potatoes?

EATPOTAT	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	ffffffffffffffffffffffffffffffffffff	fffffffff
NONE	185	25. 77
1-3 TIMES	349	48. 61
4-6 TIMES	122	16. 99
ONCE PER DAY	35	4.87
TWI CE PER DAY	12	1.67
3 TIMES PER DAY	5	0. 70
4+ TIMES PER DAY	10	1. 39

Frequency Missing = 18

76. During the past 7 days, how many times did you eat carrots?

EATCARRO	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	$\{\{\{\}\}\}\}$	<b>HITTITIE</b>
NONE	466	64. 63
1-3 TIMES	203	28. 16
4-6 TIMES	31	4. 30
ONCE PER DAY	10	1. 39
TWI CE PER DAY	3	0.42
3 TIMES PER DAY	3	0.42
4+ TIMES PER DAY	5	0. 69

Frequency Missing = 15

77. During the past 7 days, how many times did you eat other vegetables?

EATVEG	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
NONE	137	19. 08
1-3 TI MES	289	40. 25
4-6 TI MES	149	20. 75
ONCE PER DAY	69	9. 61
TWI CE PER DAY	45	6. 27
3 TIMES PER DAY	14	1. 95
4+ TIMES PER DAY	15	2. 09

78. During the past 7 days, how many glasses of milk did you drink?

DRNKMI LK	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	$\{\{\{\}\}\}\}$	fffffffff
NONE	142	19. 89
1-3 TIMES	177	24. 79
4-6 TIMES	128	17. 93
ONCE PER DAY	84	11.76
TWI CE PER DAY	95	13. 31
3 TIMES PER DAY	48	6. 72
4+ TIMES PER DAY	40	5. 60

Frequency Missing = 22

79. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

BRTHHARD	Frequency	Percent
ffffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	HIHHHHH
O DAYS	119	16. 50
1 DAY	73	10. 12
2 DAYS	63	8. 74
3 DAYS	72	9. 99
4 DAYS	82	11. 37
5 DAYS	99	13. 73
6 DAYS	57	7. 91
7 DAYS	156	21.64

Frequency Missing = 15

80. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower or mopping floors

EXER	RLGHT	Frequency	Percent
ffff	fffffff	.111111111111	fffffffff
0 D	AYS	204	28. 41
1 D	AY	108	15.04
2 D	AYS	115	16. 02
3 D	AYS	86	11. 98
4 D	AYS	<b>50</b>	6. 96
5 D	AYS	44	6. 13
6 D	AYS	24	3. 34
7 D	AYS	87	12. 12

Frequency Missing = 18

81. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

TONE	Frequency	Percent
fffffff		TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O DAYS	185	26. 28
1 DAY	67	9. 52
2 DAYS	86	12. 22
3 DAYS	92	13. 07
4 DAYS	67	9. 52
5 DAYS	77	10. 94
6 DAYS	32	4. 55
7 DAYS	98	13. 92

Frequency Missing = 32

82. On an average school day, how many hours do you watch TV?

WATCHTV	Frequency	Percent
ffffffffffff.	ttttttttttttt	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
NO TV	<b>55</b>	7. 67
LT ONE HOUR	107	14. 92
1 HOUR	103	14. 37
2 HOURS	153	21. 34
3 HOURS	137	19. 11
4 HOURS	75	10. 46
5+ HOURS	87	12. 13

Frequency Missing = 19

83. In an average week when you are in school, on how many days do you go to physical education classes?

<b>PECLASS</b>	Frequency	Percent
fffffffff.	11111111111111	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O DAYS	291	44. 02
1 DAY	19	2.87
2 DAYS	13	1. 97
3 DAYS	41	6. 20
4 DAYS	13	1. 97
5 DAYS	284	42.97

Frequency Missing = 75

84. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

EXERPE	Frequency	Percent
<b>fffffffffffffff</b>		TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
NO PE CLASS	292	44. 31
LT 10 MINUTES	27	4. 10
10-20 MI NUTES	34	5. 16
21-30 MINUTES	51	7.74
OVER 30 MINUTES	255	38. 69

85. During the past 12 months, on how many sports teams did you play?

PLAYSPT	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
O TEAMS	265	37. 22
1 TEAM	185	25. 98
2 TEAMS	117	16. 43
3+ TEAMS	145	20. 37

Frequency Missing = 24

86. During the past 12 months, how many times were you injured while exercising, playing sports, or being physically active and had to be treated by a doctor or nurse?

I NJEXER	Frequency	Percent
fffffffff	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
O TIMES	426	60.00
1 TIME	143	20. 14
2 TIMES	80	11. 27
3 TIMES	29	4. 08
4 TIMES	12	1. 69
5+ TI MES	20	2. 82

Frequency Missing = 26

87. Have you ever been taught about AIDS or HIV infection in school?

TAUGHT	Frequency	Percent
fffffffff	tttttttttttt	fffffffff
YES	<b>552</b>	78. 30
NO	77	10. 92
<b>NOT SURE</b>	76	10. 78

# Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

## The Youth Risk Behavior Study

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data. http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm

#### Violence

These sites include information about warning signs and prevention of violence among adolescents.

The <u>American Psychological Association</u>'s site about youth violence warning signs, and information about how to get help for violent youth. http://helping.apa.org/warningsigns/index.html

This information about understanding violent behavior among youth is provided by the <u>American Academy of Adolescent and Child Psychiatry</u>. <a href="http://www.aacap.org/publications/factsfam/behavior.htm">http://www.aacap.org/publications/factsfam/behavior.htm</a>

## Tobacco, Alcohol, and Other Drug Use

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The <u>Campaign For Tobacco-Free Kids</u> is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

http://www.tobaccofreekids.org

<u>Arkansans for Drug Free Youth</u> is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

http://www.adfy.com

<u>PREVline (Prevention Online)</u> offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information. <a href="http://www.health.org">http://www.health.org</a></u>

## Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The <u>Alan Guttmacher Institute</u> provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <a href="http://www.agi-usa.org/home.html">http://www.agi-usa.org/home.html</a>

The mission of the <u>National Campaign to Prevent</u> Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

http://www.teenpregnancy.org/

## Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The <u>American Dietetic Association</u> promotes optimal nutrition and well being for all people.

http://www.eatright.org

The <u>American Council on Exercise (ACE)</u> is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit. http://www.acefitness.org/

#### Mental Health Issues

This sites provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service. http://www.nmha.org

## Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

http://parentingteens.about.com/home/parenting/parentingteens/

From <u>Parent's Soup</u>, a site with articles and information from educators, experts, and parents.

http://www.parentsoup.com/community/teens.html

#### Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

http://teenexchange.about.com/kidsteens/ktteens/teenexchange/

<u>Teen Voice</u> is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

http://www.teenvoices.com

## Miscellaneous

The <u>Annie E. Casey Foundation</u> is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S. <a href="http://www.aecf.org">http://www.aecf.org</a>

The U.S. Department of Health & Human Services <a href="http://www.dhhs.gov">http://www.dhhs.gov</a>